

The next questions are about your future health and the medical care that you might need. We would like to know to what extent you are preparing for this. Would you circle the correct answer?

1. About my future health....
 - a. ... I think sometimes yes no
 - b. ... I speak sometimes with my loved-one(s) yes no
 - c. ... I speak sometimes with my physician yes no
 - d. ... I would like to speak with my physician yes no

2. About the future health of my partner.... N/A, no partner
 - a. ... I think sometimes yes no
 - b. ... I speak sometimes with my loved-one(s) yes no
 - c. ... I speak sometimes with my physician yes no
 - d. ... I would like to speak with my physician yes no

3. About the medical care and support that I would like to receive in the future....
 - a. ... I think sometimes yes no
 - b. ... I speak sometimes with my loved-one(s) yes no
 - c. ... I speak sometimes with my physician yes no
 - d. ... I would like to speak with my physician yes no
 - e. ... I have put something on paper yes no

4. About the question who would be able to help me when I will not be able to care for myself anymore....
 - a. ... I think sometimes yes no
 - b. ... I speak sometimes with my loved-one(s) yes no
 - c. ... I speak sometimes with my physician yes no
 - d. ... I would like to speak with my physician yes no
 - e. ... I have put something on paper yes no

5. About the question who could make medical decisions for me when I will not be able to do that for myself anymore....
 - a. ... I think sometimes yes no
 - b. ... I speak sometimes with my loved-one(s) yes no
 - c. ... I speak sometimes with my physician yes no
 - d. ... I would like to speak with my physician yes no
 - e. ... I have put something on paper yes no

6. About the question whether a nursing home would be an option for me when living at home will not be possible anymore
- | | | |
|--|-----|----|
| a. ... I think sometimes | yes | no |
| b. ... I speak sometimes with my loved-one(s) | yes | no |
| c. ... I speak sometimes with my physician | yes | no |
| d. ... I would like to speak with my physician | yes | no |
| e. ... I have put something on paper | yes | no |
7. About the question whether there are situations in which I do not want life-prolonging treatments
- | | | |
|--|-----|----|
| a. ... I think sometimes | yes | no |
| b. ... I speak sometimes with my loved-one(s) | yes | no |
| c. ... I speak sometimes with my physician | yes | no |
| d. ... I would like to speak with my physician | yes | no |
| e. ... I have put something on paper | yes | no |
8. About the question whether I want to be resuscitated in case of a cardiac arrest....
- | | | |
|--|-----|----|
| a. ... I think sometimes | yes | no |
| b. ... I speak sometimes with my loved-one(s) | yes | no |
| c. ... I speak sometimes with my physician | yes | no |
| d. ... I would like to speak with my physician | yes | no |
| e. ... I have put something on paper | yes | no |
9. About the question whether euthanasia would be an option for me when life will be unbearable
- | | | |
|--|-----|----|
| a. ... I think sometimes | yes | no |
| b. ... I speak sometimes with my loved-one(s) | yes | no |
| c. ... I speak sometimes with my physician | yes | no |
| d. ... I would like to speak with my physician | yes | no |
| e. ... I have put something on paper | yes | no |
10. About wishes concerning my deathbed....
- | | | |
|--|-----|----|
| a. ... I think sometimes | yes | no |
| b. ... I speak sometimes with my loved-one(s) | yes | no |
| c. ... I speak sometimes with my physician | yes | no |
| d. ... I would like to speak with my physician | yes | no |
| e. ... I have put something on paper | yes | no |