LASA 160 - Weight change   Medical interview

Variable information:
LASAB160 / LASAC160 / LASAD160 / LASAE160 / LAS2B160 / LASAF160 /
LASAG160 / LASAH160 / LAS3B160 / LASMB160 / LASAI160 / LASAJ160

LASAB160

name	label	values
bmweightch	Weight: change	-3: no valid data, -2: no answer, routing -1: no answer, asked 1: not changed 2: gained weight 3: lost weight
bmweightchkg	Weight: change kilograms	-3: no valid data -2: no answer, routing -1: no answer, asked
bmweightchr	Weight: change reason	-2: na, see BMWEIGHTCH -1: na, asked 1: sickness 2: diet 3: social factors 4: other, see WEIGHTCHCR
bmweightchcr	Weight: change reason: coded	-3: no valid data -2: no weight change -1: no answer, asked **see *Table reason**
bmweightlr	Reason weight loss	-3: no valid data -2: no weight loss -1: no answer, asked 1: voluntary 2: involuntary 3: eating less or different
bmweightgr	Reason weight gain	-3: no valid data -2: no weight gain -1: no answer, asked 1: related to eating 2: physical inactivity 3: eating and physical inactivity 4: medical reason 5: other
bmweighthigh	Weight: highest in life kilogram	-3: no valid data -2: no answer, routing -1: no answer, asked
bmweightage	Weight: highest in life age	
bmweightk40y	Weight: at 40 in kilogram	
bmheight40y	Length: at 40 in centimeters	

Variable information:
LASAB160 / LASAC160 / LASAD160 / LASAE160 / LAS2B160 / LASAF160 /
LASAG160 / LASAH160 / LAS3B160 / LASMB160 / LASAI160 / LASAJ160

LASAC160 / LASAD160 / LASAE160

name	label	values
c/d/e/bmweightch	Weight: change last 6 months	**Only in C/D/E:** -5: na, interview terminated **All:** -1: na, asked 1: not changed 2: gained weight 3: lost weight
c/d/e/bmweightchkg	Weight: change kilograms	-2: na, see C/D/E/BMWEIGHTCH -1: na, asked
c/d/e/bmweightchr	Weight: change reason	-2: na, see C/D/E/BMWEIGHTCH -1: na, asked 1: sickness 2: diet 3: social factors 4: other, see C/D/E/BMWEIGHTCHRC 5: do not know
c/d/e/bmweightchrc	Weight: change reason: coded	-3: no valid data -2: no weight change -1: no answer, asked **see *Table reason**
c/d/e/bmweightlr	Reason weight loss	-3: no valid data -2: no weight loss -1: no answer, asked 1: voluntary 2: involuntary 3: eating less or different
c/d/e/bmweightgr	Reason weight gain	-3: no valid data -2: no weight gain -1: no answer, asked 1: related to eating 2: physical inactivity 3: eating and physical inactivity 4: medical reasons 5: other
cmheight25y	Height: at age 25 in centimeters	-5: na, interview terminated -1: no valid data
cmweightlow	Weight: lowest after age 25	
Only in 2B		
bmwmax	Weight: maximum in lifetime	-1: na, asked
bmagewmx	Weight: age at maximum weight	
bmwage25	Weight: weight at age 25	
bmwage40	Weight: weight at age 40	
bmhage25	Height: height at age 25	

Variable information:
LASAB160 / LASAC160 / LASAD160 / LASAE160 / LAS2B160 / LASAF160 /
LASAG160 / LASAH160 / LAS3B160 / LASMB160 / LASAI160 / LASAJ160

LASAF160 / LASAG160

name	label	values
f/gmweightch	Weight: change last 6 months	-1: na, asked 1: not changed 2: gained weight 3: lost weight
f/gmweightchkg	Weight: change kilogram	-2: na, see F/GMWEIGHTCH -1: na, asked
f/gmweightchr	Weight: change reason	-2: na, see F/GMWEIGHTCH -1: na, asked 1: sickness 2: diet 3: social factors 4: other, see F/GMWEIGHTCHRC 5: do not know
f/gmweightchrc	Weight: change reason: coded	-3: no valid data -2: no weight change -1: no answer, asked **see *Table reason**
f/gmweightlr	Reason weight loss	-3: no valid data -2: no weight loss -1: no answer, asked 1: voluntary 2: involuntary 3: eating less or different
f/gmweightgr	Reason weight gain	-3: no valid data -2: no weight gain -1: no answer, asked 1: related to eating 2: physical inactivity 3: eating and physical inactivity 4: medical reasons 5: other
f/gmsatw	Satisfied with body weight	-1: na, asked / do not know 1: very 2: reasonably 3: a little 4: not at all **In G:** -1: na, asked / do not know 1: very dissatisfied 2: dissatisfied 3: not satisfied /dissatisfied 4: satisfied 5: very satisfied

Variable information:
LASAB160 / LASAC160 / LASAD160 / LASAE160 / LAS2B160 / LASAF160 /
LASAG160 / LASAH160 / LAS3B160 / LASMB160 / LASAI160 / LASAJ160

f/gmestw	Estimation body weight	-1: na, asked / do not know 1: underweight 2: approx.. normal weight 3: overweight **In G:** -1: na, asked / do not know 1: severe underweight 2: underweight 3: approx.. normal weight 4: overweight 5: severe overweight
f/gmattw	Pay attention to body weight	-1: na, asked / do not know 1: yes, trying to lose weight 2: yes, trying not to gain weight 3: yes, trying not to lose weight 4: yes, trying to gain weight 5: no
f/gmlwm01	LW method 1: eat less	-2: no answer, see F/GMATTW -1: no answer, asked 0: not mentioned 1: mentioned
f/gmlwm02	LW method 2: less snacks	
f/gmlwm03	LW method 3: eat less fat	
f/gmlwm04	LW method 4: drink less alcohol	
f/gmlwm05	LW method 5: limit types of food	
f/gmlwm06	LW method 6: light products	
f/gmlwm07	LW method 7: replacements (Slim Fast)	
f/gmlwm08	LW method 8: slimming program (WW)	
f/gmlwm09	LW method 9: more exercise (sports)	
f/gmlwm10	LW method 10: more daily exercise (stairs)	
f/gmlwm11	LW method 11: more smoking	
f/gmlwm12	LW method 12: slimming pills	
f/gmlwm13	LW method 13: stomach reduction	
f/gmlwm14	LW method 14: guidance dietician	
f/gmlwm15	LW method 15: other method	

LASAH160 / LAS3B160

name	label	values
h/bmweightch	Weight: change last 6 months	-1: na, asked 1: not changed 2: gained weight 3: lost weight
h/bmweightchkg	Weight change kilogram	-2: na, see H/BMWEIGHTCH -1: na, asked

Variable information:
LASAB160 / LASAC160 / LASAD160 / LASAE160 / LAS2B160 / LASAF160 /
LASAG160 / LASAH160 / LAS3B160 / LASMB160 / LASAI160 / LASAJ160

h/bmweightlr2	Weight loss reason	-2: na, see H/BMWEIGHTCH -1: na, asked 1: sickness (unintentional) 2: diet (intentional) 3: other diet (unintentional) 4: more physical activity (intentional) 5: reason unknown (unintentional) 6: social factors (unintentional) 7: other reason → H/BMWEIGHTCHRC
h/bmweightr2	Weight gain reason	-2: na, see H/BMWEIGHTCH -1: na, asked 1: sickness 2: eating more or different 3: less physical activity 4: combination of eating more/different and physical inactive 5: reason unknown 6: other reason → H/BMWEIGHTCHRC
h/bmweightchrc	Weight change other reason: coded	-3: no valid data -2: na, see H/BMWEIGHTLR2/GR2 -1: na, asked see *Table Reason
h/bmweightlr	Reason weight loss: coded	-3: no valid data -2: na, see HMWEIGHTLR2 -1: na, asked 1: sickness (unintentional) 2: diet (intentional) 3: different diet (unintentional) 4: physical activity (intentional) 5: reason unknown (unintentional) 6: social factors (unintentional) 7: other reason (7) 8: eating less or different (unknown) 9: eating less and physical active (intentional) 10: physical activity (unintentional) 11: physical activity (unknown) 12: aging (unintentional)
h/bmweightgr	Reason weight gain: coded	-3: no valid data -2: na, see HMWEIGHTGR2 -1: na, asked 1: sickness 2: related to eating 3: physical inactivity 4: eating and physical inactivity 5: reason unknown 6: other reason 7: aging 8: social factors

Variable information:
LASAB160 / LASAC160 / LASAD160 / LASAE160 / LAS2B160 / LASAF160 /
LASAG160 / LASAH160 / LAS3B160 / LASMB160 / LASAI160 / LASAJ160

h/bmealt6m	Eating less last 6 months (problems)	-1: na, asked 1: did not eat less 2: did eat somewhat less 3: did eat much less
h/bmprob6m	psychological stress or severe sickness last 6 months	-1: na, asked 1: no 2: yes
h/bmapp7d	Appetite last 7 days	-1: na, asked 1: good 2: moderate 3: poor
h/bmapp6m	Appetite last 6 months (average)	-1: na, asked 1: good 2: moderate 3: poor
h/bmsatw	Satisfaction with body weight	-1: na, asked 1: very dissatisfied 2: dissatisfied 3: not satisfied/dissatisfied 4: satisfied 5: very satisfied 6: do not know
h/bmestw	Estimation body weight	-1: na, asked 1: severe underweight 2: underweight 3: approx.. normal weight 4: overweight 5: severe overweight 6: do not know
h/bmattw	Pay attention to body weight	-1: na, asked 1: yes, trying to lose weight 2: yes, trying not gain weight 3: yes, trying not to lose weight 4: yes, trying to gain weight 5: no 6: do not know
hmwage25	Weight at age 25	-1: na, asked
Only in 3B		
bmmaxw	Maximum weight in lifetime	-3: na, section not done -1: na, asked
bmagemxw	Age at maximum weight	
bmwage25	Weight at age 25	
bmwage40	Weight at age 40	
bmhage25	Height at age 25	

Variable information:
LASAB160 / LASAC160 / LASAD160 / LASAE160 / LAS2B160 / LASAF160 /
LASAG160 / LASAH160 / LAS3B160 / LASMB160 / LASAI160 / LASAJ160

LASMB160

name	label	values
bmwloss	Unintentional weight loss in past 6 months: lost 4 kg or more	-1: na, asked 1: no 2: yes 3: unknown
bmwlclot	Unintentional weight loss in past 6 months: looser fitting clothing	-2: na, see BMWLOSS -1: na, asked 1: no 2: yes
bmwlbelt	Unintentional weight loss in past 6 months: tightened belt	
bmwlwatc	Unintentional weight loss in past 6 months: looser fitting watch	

LASAI160 / LASAJ160

name	label	values
i/jmweightch	Weight: change last 6 months	-3: na, section not done -1: na, asked 1: not changed 2: gained weight 3: lost weight
i/jmweightchkgl	Weight loss kilogram	-2: na, see I/JMWEIGHTCH -1: na, asked
i/jmweightchkgg	Weight gain kilogram	-2: na, see I/JMWEIGHTCH -1: na, asked
i/jmweightlr2	Weight loss reason	-2: na, see I/JMWEIGHTCH -1: na, asked 1: sickness (unintentional) 2: diet (intentional) 3: other diet (unintentional) 4: more physical activity (intentional) 5: reason unknown (unintentional) 6: social factors (unintentional) 7: other reason → IMWEIGHTCHRC
i/jmweightgr2	Weight gain reason	-2: na, see IMWEIGHTCH -1: na, asked 1: sickness 2: eating more or different 3: less physical activity 4: combination of eating more/different and physical inactive 5: reason unknown 6: other reason → IMWEIGHTCHRC
Only in I: imweightchrc	Weight change other: coded	-3: no valid data -2: na, see IMWEIGHTLR2/GR2 -1: na, asked see *Table Reason

Variable information:
LASAB160 / LASAC160 / LASAD160 / LASAE160 / LAS2B160 / LASAF160 /
LASAG160 / LASAH160 / LAS3B160 / LASMB160 / LASAI160 / LASAJ160

Only in I: imweightlr	Reason weight loss: coded	-3: no valid data -2: na, see IMWEIGHTLR2 -1: na, asked 1: sickness (unintentional) 2: diet (intentional) 3: different diet (unintentional) 4: physical activity (intentional) 5: reason unknown (unintentional) 6: social factors (unintentional) 7: other reason (7) 8: eating less or different (unknown) 9: eating less and physical active (intentional) 10: physical activity (unintentional) 11: physical activity (unknown) 12: aging (unintentional)
Only in I: imweightgr	Reason weight gain: coded	-3: no valid data -2: na, see IMWEIGHTGR2 -1: na, asked 1: sickness 2: related to eating 3: physical inactivity 4: eating and physical inactivity 5: reason unknown 6: other reason 7: aging 8: social factors
i/jmeatl6m	Eating less last 6 months (problems)	-3: na, section not done -1: na, asked 1: did not eat less 2: did eat somewhat less 3: did eat much less
i/jmprob6m	Psychological stress or severe sickness last 6 months	-3: na, section ot done -1: na, asked 1: no 2: yes
i/jmapp7d	Appetite last 7 days	-3: na, section ot done -1: na, asked 1: good 2: moderate 3: poor
i/jmestw	Estimation body weight	-3: na, section not done -1: na, asked 1: severe underweight 2: underweight 3: approx. normal weight 4: overweight 5: severe overweight 6: do not know

Variable information:
LASAB160 / LASAC160 / LASAD160 / LASAE160 / LAS2B160 / LASAF160 /
LASAG160 / LASAH160 / LAS3B160 / LASMB160 / LASAI160 / LASAJ160

Only in I:		
imwage25	Weight at age 25	-3: na, section not done
imwage40	Weight at age 40	-1: na, asked
imhage25	Height at age 25	

Table Reason weight gain/loss

*	b/c/de/2bf/g/h/3bimvac144
1,0	sickness (unintentional)
1,1	medication (unintentional)
1,2	physical inactive due to sickness (unintentional)
1,3	lost weight due to sickness **not in wave G, H, 3B, I:** now gained weight (unintentional)
2,0	diet (intentional)
2,1	eating less or different (unknown)
2,2	eating more or different (unintentional)
2,3	eating more and physical inactive (unintentional)
2,4	quit smoking (unknown)
2,5	smoking (unknown)
2,6	*in wave G/H/3B/I:* eating less and physical active (intentional)
2,7	*in wave G/H/3B/I:* eating less or different (unintentional)
3,0	social factors (unintentional)
3,1	social factors recoded (unintentional)
5,0	do not know (unintentional)
5,1	*in wave G/H/3B/I:* other reason (implausible reason) (unknown)
6,0	physical activities (intentional)
6,1	physical activity (unknown)
6,2	physical inactivity (unintentional)
6,3	working harder (unintentional)
6,4	*in wave G/H/3B/I:* physical activity (unintentional)
7,0	older age (unintentional)
8,0	loss of appetite (unintentional)
9,0	diuretics or dehydration
9,1	oedeme/ascites
9,2	quit prednison