

Variable information: LASAB160 / LASAC160 / LASAD160 / LASAE160 / LAS2B160 / LASAF160 / LASAG160 / LASAH160 / LAS3B160 / LASMB160 / LASAI160 / LASAJ160 / LASAK160

LASAB160

name	label	values
bmweightch	Weight: change	-3: no valid data, -2: no answer, routing -1: no answer, asked 1: not changed 2: gained weight 3: lost weight
bmweightchkg	Weight: change kilograms	-3: no valid data -2: no answer, routing -1: no answer, asked
bmweightchr	Weight: change reason	-2: na, see BMWEIGHTCH -1: na, asked 1: sickness 2: diet 3: social factors 4: other, see WEIGHTCHCR
bmweightchcr	Weight: change reason: coded	-3: no valid data -2: no weight change -1: no answer, asked see *Table reason
bmweightlrr	Reason weight loss	-3: no valid data -2: no weight loss -1: no answer, asked 1: voluntary 2: involuntary 3: eating less or different
bmweightgr	Reason weight gain	-3: no valid data -2: no weight gain -1: no answer, asked 1: related to eating 2: physical inactivity 3: eating and physical inactivity 4: medical reason 5: other
bmweighthigh	Weight: highest in life kilogram	-3: no valid data
bmweightage	Weight: highest in life age	-2: no answer, routing
bmweightk40y	Weight: at 40 in kilogram	-1: no answer, asked
bmheight40y	Length: at 40 in centimeters	

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LASAC160 / LASAD160 / LASAE160 / LAS2B160

name	label	values
c/d/e/bmweightch	Weight: change last 6 months	Only in C/D/E: -5: na, interview terminated All: -1: na, asked 1: not changed 2: gained weight 3: lost weight
c/d/e/bmweightchkg	Weight: change kilograms	-2: na, see C/D/E/BMWEIGHTCH -1: na, asked
c/d/e/bmweightchr	Weight: change reason	-2: na, see C/D/E/BMWEIGHTCH -1: na, asked 1: sickness 2: diet 3: social factors 4: other, see C/D/E/BMWEIGHTCHRC 5: do not know
c/d/e/bmweightchrc	Weight: change reason: coded	-3: no valid data -2: no weight change -1: no answer, asked see *Table reason
c/d/e/bmweightltr	Reason weight loss	-3: no valid data -2: no weight loss -1: no answer, asked 1: voluntary 2: involuntary 3: eating less or different
c/d/e/bmweightgr	Reason weight gain	-3: no valid data -2: no weight gain -1: no answer, asked 1: related to eating 2: physical inactivity 3: eating and physical inactivity 4: medical reasons 5: other
Only in C: cmheight25y	Height: at age 25 in centimeters	-5: na, interview terminated -1: no valid data
Only in C: cmweightlow	Weight: lowest after age 25	
Only in 2B:		
bmwmax	Weight: maximum in lifetime	-1: na, asked
bmagemwx	Weight: age at maximum weight	
bmwage25	Weight: weight at age 25	
bmwage40	Weight: weight at age 40	
bmhage25	Height: height at age 25	

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LASAF160 / LASAG160

name	label	values
f/gmweightch	Weight: change last 6 months	-1: na, asked 1: not changed 2: gained weight 3: lost weight
f/gmweightchkg	Weight: change kilogram	-2: na, see F/GMWEIGHTCH -1: na, asked
f/gmweightchr	Weight: change reason	-2: na, see F/GMWEIGHTCH -1: na, asked 1: sickness 2: diet 3: social factors 4: other, see F/GMWEIGHTCHRC 5: do not know
f/gmweightchrc	Weight: change reason: coded	-3: no valid data -2: no weight change -1: no answer, asked see *Table reason
f/gmweightlr	Reason weight loss	-3: no valid data -2: no weight loss -1: no answer, asked 1: voluntary 2: involuntary 3: eating less or different
f/gmweightgr	Reason weight gain	-3: no valid data -2: no weight gain -1: no answer, asked 1: related to eating 2: physical inactivity 3: eating and physical inactivity 4: medical reasons 5: other
f/gmsatw	Satisfied with body weight	-1: na, asked / do not know 1: very 2: reasonably 3: a little 4: not at all In G: -1: na, asked / do not know 1: very dissatisfied 2: dissatisfied 3: not satisfied /dissatisfied 4: satisfied 5: very satisfied

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f/gmestw	Estimation body weight	-1: na, asked / do not know 1: underweight 2: approx.. normal weight 3: overweight In G: -1: na, asked / do not know 1: severe underweight 2: underweight 3: approx.. normal weight 4: overweight 5: severe overweight
f/gmattw	Pay attention to body weight	-1: na, asked / do not know 1: yes, trying to lose weight 2: yes, trying not to gain weight 3: yes, trying not to lose weight 4: yes, trying to gain weight 5: no
f/gmlwm01	LW method 1: eat less	-2: no answer, see F/GMATTW -1: no answer, asked 0: not mentioned 1: mentioned
f/gmlwm02	LW method 2: less snacks	
f/gmlwm03	LW method 3: eat less fat	
f/gmlwm04	LW method 4: drink less alcohol	
f/gmlwm05	LW method 5: limit types of food	
f/gmlwm06	LW method 6: light products	
f/gmlwm07	LW method 7: replacements (Slim Fast)	
f/gmlwm08	LW method 8: slimming program (WW)	
f/gmlwm09	LW method 9: more exercise (sports)	
f/gmlwm10	LW method 10: more daily exercise (stairs)	
f/gmlwm11	LW method 11: more smoking	
f/gmlwm12	LW method 12: slimming pills	
f/gmlwm13	LW method 13: stomach reduction	
f/gmlwm14	LW method 14: guidance dietician	
f/gmlwm15	LW method 15: other method	

LASAH160 / LAS3B160

name	label	values
h/bmweightch	Weight: change last 6 months	-1: na, asked 1: not changed 2: gained weight 3: lost weight
h/bmweightchkg	Weight change kilogram	-2: na, see H/BMWEIGHTCH -1: na, asked

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h/bmweightlr2	Weight loss reason	-2: na, see H/BMWEIGHTCH -1: na, asked 1: sickness (unintentional) 2: diet (intentional) 3: other diet (unintentional) 4: more physical activity (intentional) 5: reason unknown (unintentional) 6: social factors (unintentional) 7: other reason → H/BMWEIGHTCHRC
h/bmweightr2	Weight gain reason	-2: na, see H/BMWEIGHTCH -1: na, asked 1: sickness 2: eating more or different 3: less physical activity 4: combination of eating more/different and physical inactive 5: reason unknown 6: other reason → H/BMWEIGHTCHRC
h/bmweightchrc	Weight change other reason: coded	-3: no valid data -2: na, see H/BMWEIGHTLR2/GR2 -1: na, asked see *Table Reason
h/bmweightlr	Reason weight loss: coded	-3: no valid data -2: na, see HMWEIGHTLR2 -1: na, asked 1: sickness (unintentional) 2: diet (intentional) 3: different diet (unintentional) 4: physical activity (intentional) 5: reason unknown (unintentional) 6: social factors (unintentional) 7: other reason (7) 8: eating less or different (unknown) 9: eating less and physical active (intentional) 10: physical activity (unintentional) 11: physical activity (unknown) 12: aging (unintentional)
h/bmweightgr	Reason weight gain: coded	-3: no valid data -2: na, see HMWEIGHTGR2 -1: na, asked 1: sickness 2: related to eating 3: physical inactivity 4: eating and physical inactivity 5: reason unknown 6: other reason 7: aging 8: social factors

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h/bmealt6m	Eating less last 6 months (problems)	-1: na, asked 1: did not eat less 2: did eat somewhat less 3: did eat much less
h/bmprob6m	psychological stress or severe sickness last 6 months	-1: na, asked 1: no 2: yes
h/bmapp7d	Appetite last 7 days	-1: na, asked 1: good 2: moderate 3: poor
h/bmapp6m	Appetite last 6 months (average)	-1: na, asked 1: good 2: moderate 3: poor
h/bmsatw	Satisfaction with body weight	-1: na, asked 1: very dissatisfied 2: dissatisfied 3: not satisfied/dissatisfied 4: satisfied 5: very satisfied 6: do not know
h/bmestw	Estimation body weight	-1: na, asked 1: severe underweight 2: underweight 3: approx.. normal weight 4: overweight 5: severe overweight 6: do not know
h/bmattw	Pay attention to body weight	-1: na, asked 1: yes, trying to lose weight 2: yes, trying not gain weight 3: yes, trying not to lose weight 4: yes, trying to gain weight 5: no 6: do not know
hmwage25	Weight at age 25	-1: na, asked
Only in 3B:		
bmmaxw	Maximum weight in lifetime	-3: na, section not done
bmagemxw	Age at maximum weight	-1: na, asked
bmwage25	Weight at age 25	
bmwage40	Weight at age 40	
bmhage25	Height at age 25	

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LASMB160

name	label	values
bmwloss	Unintentional weight loss in past 6 months: lost 4 kg or more	-1: na, asked 1: no 2: yes 3: unknown
bmwlcloth	Unintentional weight loss in past 6 months: looser fitting clothing	-2: na, see BMWLOSS -1: na, asked
bmwlbelt	Unintentional weight loss in past 6 months: tightened belt	1: no 2: yes
bmwlvatc	Unintentional weight loss in past 6 months: looser fitting watch	

LASAI160 / LASAJ160 / LASAK160

name	label	values
i/j/kmweightch	Weight: change last 6 months	-3: na, section not done -1: na, asked 1: not changed 2: gained weight 3: lost weight
i/j/kmweightchkgl	Weight loss kilogram	-2: na, see I/J/KMWEIGHTCH -1: na, asked
i/j/kmweightchkkg	Weight gain kilogram	-2: na, see I/J/KMWEIGHTCH -1: na, asked
i/j/kmweightl2	Weight loss reason	-2: na, see I/J/KMWEIGHTCH -1: na, asked 1: sickness (unintentional) 2: diet (intentional) 3: other diet (unintentional) 4: more physical activity (intentional) 5: reason unknown (unintentional) 6: social factors (unintentional) 7: other reason → IMWEIGHTCHRC
i/j/kmweightgr2	Weight gain reason	-2: na, see IMWEIGHTCH -1: na, asked 1: sickness 2: eating more or different 3: less physical activity 4: combination of eating more/different and physical inactive 5: reason unknown 6: other reason → IMWEIGHTCHRC
Only in I: imweightchrc	Weight change other: coded	-3: no valid data -2: na, see IMWEIGHTLR2/GR2 -1: na, asked see *Table Reason

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<p>Only in I: imweightlr</p>	<p>Reason weight loss: coded</p>	<p>-3: no valid data -2: na, see IMWEIGHTLR2 -1: na, asked 1: sickness (unintentional) 2: diet (intentional) 3: different diet (unintentional) 4: physical activity (intentional) 5: reason unknown (unintentional) 6: social factors (unintentional) 7: other reason (7) 8: eating less or different (unknown) 9: eating less and physical active (intentional) 10: physical activity (unintentional) 11: physical activity (unknown) 12: aging (unintentional)</p>
<p>Only in I: imweightgr</p>	<p>Reason weight gain: coded</p>	<p>-3: no valid data -2: na, see IMWEIGHTGR2 -1: na, asked 1: sickness 2: related to eating 3: physical inactivity 4: eating and physical inactivity 5: reason unknown 6: other reason 7: aging 8: social factors</p>
<p>i/j/kmeatl6m</p>	<p>Eating less last 6 months (problems)</p>	<p>-3: na, section not done -1: na, asked 1: did not eat less 2: did eat somewhat less 3: did eat much less</p>
<p>i/j/kmprob6m</p>	<p>Psychological stress or severe sickness last 6 months</p>	<p>-3: na, section of done -1: na, asked 1: no 2: yes</p>
<p>i/j/kmapp7d</p>	<p>Appetite last 7 days</p>	<p>-3: na, section of done -1: na, asked 1: good 2: moderate 3: poor</p>
<p>i/j/kmestw</p>	<p>Estimation body weight</p>	<p>-3: na, section not done -1: na, asked 1: severe underweight 2: underweight 3: approx. normal weight 4: overweight 5: severe overweight 6: do not know</p>

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Only in I:		
imwage25	Weight at age 25	-3: na, section not done -1: na, asked
imwage40	Weight at age 40	
imhage25	Height at age 25	

Table Reason weight gain/loss

*	b/c/de/2bf/g/h/3bimvac144
1,0	sickness (unintentional)
1,1	medication (unintentional)
1,2	physical inactive due to sickness (unintentional)
1,3	lost weight due to sickness not in wave G, H, 3B, I: now gained weight (unintentional)
2,0	diet (intentional)
2,1	eating less or different (unknown)
2,2	eating more or different (unintentional)
2,3	eating more and physical inactive (unintentional)
2,4	quit smoking (unknown)
2,5	smoking (unknown)
2,6	in wave G/H/3B/I: eating less and physical active (intentional)
2,7	in wave G/H/3B/I: eating less or different (unintentional)
3,0	social factors (unintentional)
3,1	social factors recoded (unintentional)
5,0	do not know (unintentional)
5,1	in wave G/H/3B/I: other reason (implausible reason) (unknown)
6,0	physical activities (intentional)
6,1	physical activity (unknown)
6,2	physical inactivity (unintentional)
6,3	working harder (unintentional)
6,4	in wave G/H/3B/I: physical activity (unintentional)
7,0	older age (unintentional)
8,0	loss of appetite (unintentional)
9,0	diuretics or dehydration
9,1	oedeme/ascites
9,2	quit prednison