LASA 149 – General Self Regulation (GSR)



Variable information: LASAG149 / LASAH149; LASAG349 / LASAH349 (scale values)

LASAG149 / LASAH149

name	label	values
g/hqgsr01	MK2: exhausting to pursue goal,	no answer(-1),
	search a new goal	strongly disagree(1),
		disagree(2),
		slightly disagree(3),
		slightly agree(4),
		agree(5),
		strongly agree(6)
g/hqgsr02	SU3: harder to get same results, keep	see g/hqgsr01
	trying harder	
g/hqgsr03	MK3: try to pursue several goals	see g/hqgsr01
g/hqgsr04	SU1: effort to achieve a given goal	see g/hqgsr01
g/hqgsr05	SU2: set goals clearly, stick to them	see g/hqgsr01
g/hqgsr06	AP3: for goals detailed plans how to	see g/hqgsr01
	implement them	
g/hqgsr07	CP1: have a backup plan in case	see g/hqgsr01
	something goes wrong	
g/hqgsr08	MK1: if difficulty try to achieve goal by	see g/hqgsr01
	other means	
g/hqgsr09	MK4: goal difficult to reach, find	see g/hqgsr01
	alternative route	
g/hqgsr10	CP3: plan for things other people	see g/hqgsr01
	consider unlikely	
g/hqgsr11	AP1: always make detailed plans for	see g/hqgsr01
	my goals	
g/hqgsr12	SU4: cannot do something the way	see g/hqgsr01
	before look for new goal	
g/hqgsr13	CP2: plan for difficult situations	see g/hqgsr01
	according my intentions	
g/hqgsr14	AP2: for my goals make detailed plans	see g/hqgsr01
	when to implement	

LASAG349 / LASAH349

name	label	values
g/hqgsr	general self-regulation scale score	no valid data(-2),
		low (min=14)(14) high (max=84)(84)
g/hqgsrsu	strategy use GSR-subscale score	no valid data(-2),
		low (min=4)(4) high (max=24)(24)
g/hqgsrmk	metastrategy-knowledge GSR-	no valid data(-2),
	subscale score	low (min=4)(4) high (max=24)(24)
g/hqgsracp	action and coping planning GSR-	no valid data(-2),
	subscale score	low (min=6)(6) high (max=36)(36)
g/hmisgsr	missing values general self-regulation	none