

Questionnaire (in English): LASAD133 / LASAE133 / LASAF133 / LASAG133 /
LASAH133 / LAS3B133 / LASAI133 / LASAJ133 / LASAK133

A. SF-12 (Short Form Health Survey)

This questionnaire asks for your views about your health. This information will keep track of how you feel and how well you are able to do your usual activities.

- QQULI01

1. In general, would you say your health is:

1. excellent
2. very good
3. good
4. fair
5. poor

The following items are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much?

- QQULI02

2. **Moderate activities**, such as moving a table, pushing a vacuum cleaner, bowling, or playing golf.

1. yes, limited a lot yes
2. limited a little no
3. not limited at all

- QQULI03

3. Climbing **several** flights of stairs.

1. yes, limited a lot yes
2. limited a little no
3. not limited at all

During the past 4 weeks, have you had any of the following problems with your work or other regular daily activities as a result of your physical health?

- QQULI04

4. **Accomplished less** than you would like yes / no

- QQULI05

5. Were limited in the **kind** of work or other activities. yes / no

During the past 4 weeks, have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or anxious)?

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- QQULI06

6. **Accomplished less** than you would like yes / no

- QQULI07

7. Didn't do work or other activities as **carefully** as usual yes / no

- QQULI08

8. During the past 4 weeks, how much did pain interfere with your normal work (including both work outside the home and housework)?

1. not at all
2. a little bit
3. moderately
4. quite a bit
5. extremely

These questions are about how you feel and how things have been with you during the past 4 weeks. For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past 4 weeks:

- QQULI09

9. Have you felt calm and peaceful?

1. all of the time
2. most of the time
3. a good bit of the time
4. some of the time
5. a little of the time
6. none of the time

- QQULI10

10. Did you have a lot of energy?

1. all of the time
2. most of the time
3. a good bit of the time
4. some of the time
5. a little of the time
6. none of the time

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- QQULI11

11. Have you felt downhearted and blue?

1. all of the time
2. most of the time
3. a good bit of the time
4. some of the time
5. a little of the time
6. none of the time

- QQULI12

12. During the past 4 weeks, how much of the time has your physical health or emotional problems interfered with your social activities (like visiting with friends, relatives, etc.)?

1. all of the time
2. most of the time
3. some of the time
4. a little of the time
5. none of the time