

Questionnaire (in English): LASAB026 / LASAC026 / LASAD026 / LASAE026 /
LASAF026 / LASAG026 / LASAH026 / LAS3B026 / LASMB026 / LASAI026 /
LASAJ026 / LASAK026

HADS-A

Introduction

We would like to know how you felt during the last 4 weeks. It is not about how you felt in the past.

- (M)ANXIET1¹

I feel tense or wound up lately.

1. rarely or never
2. some of the time
3. occasionally
4. mostly or always

- (M)ANXIET2

I get a sort of frightened feeling as if something awful is about to happen lately.

1. rarely or never
2. some of the time
3. occasionally
4. mostly or always

- (M)ANXIET3

Worrying thoughts go through my mind.

1. rarely or never
2. some of the time
3. occasionally
4. mostly or always

- (M)ANXIET4

I can sit at ease and feel relaxed lately.

1. rarely or never
2. some of the time
3. occasionally
4. mostly or always

- (M)ANXIET5

I get a sort of frightened feeling like 'butterflies' in the stomach lately.

1. rarely or never
2. some of the time
3. occasionally
4. mostly or always

¹ In LASMB026 (Migrant cohort), each of the variables is preceded by the prefix 'M' (Medical interview)

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- **(M)ANXIET6**

I feel restless as if I have to be on the move, lately.

1. rarely or never
2. some of the time
3. occasionally
4. mostly or always

- **(M)ANXIET7**

I get sudden feelings of panic lately.

1. rarely or never
2. some of the time
3. occasionally
4. mostly or always