

Table 1. Nutritional information obtained in regular LASA cycles original cohort

LASA Cycle	B	C	D	E	F	G	H
Year of LASA cycle	1992/1993	1995/1996	1998/1999	2002/2003	2005/2006	2008/2009	2011/2012
<i>Diet</i>							
Followed diet in past 2 weeks:							
Diet type – low caloric	3	2	4	5	-	-	-
Diet type – low cholesterol	3	2	4	5	-	-	-
Diet type – low salt or saltless	3	2	4	5	-	-	-
Diet type – sugar free/diabetes	3	2	4	5	-	-	-
Diet type – high caloric	3	2	-	-	-	-	-
Diet type – vegetarian	3	2	4	5	-	-	-
Diet type – other	3	2	-	-	-	-	-
<i>Food consumption</i>							
Able to bite/chew hard food (yes/no)	3	1	-	-	-	-	-
Eating in the morning, past 2 weeks (#times)	3	-	-	-	-	-	-
Eating in the afternoon, past 2 weeks (#times)	3	-	-	-	-	-	-
Eating in the evening, past 2 weeks (#times)	3	-	-	-	-	-	-
Eating at night, past 2 weeks (#times)	3	-	-	-	-	-	-
Usual fruit consumption spring/summer (#days/week)	3	-	-	-	-	-	-
Usual fruit consumption spring/summer (#times/day)	3	-	-	-	-	-	-
Usual fruit consumption autumn/winter (#days/week)	3	-	-	-	-	-	-
Usual fruit consumption autumn/winter (#times/day)	3	-	-	-	-	-	-
Usual vegetables consumption spring/summer (#days/week)	3	-	-	-	-	-	-
Usual vegetables consumption spring/summer (#times/day)	3	-	-	-	-	-	-
Usual vegetables consumption autumn/winter (#days/week)	3	-	-	-	-	-	-
Usual vegetables consumption autumn/winter (#times/day)	3	-	-	-	-	-	-
Eating hard cheese in past week (#days)	-	2	-	-	-	-	-
Eating soft cheese in past week (#days)	-	2	-	-	-	-	-
Eating yoghurt (#days)	-	2	-	-	-	-	-
Drinking (butter)milk (#days)	-	2	-	-	-	-	-
Eating other milk products (#days)	-	2	-	-	-	-	-
Milk products upon the age of 25 (freq)	-	2	-	-	-	-	-
Milk product between age 25-50 (freq)	-	2	-	-	-	-	-
Milk product from age 50 (freq)	-	2	-	-	-	-	-

1 = LASAC118, self-administered questionnaire; 2 = LASAC184, medical interview; 3 = LASAB118, self-administered questionnaire; 4 = LASAD160, medical interview; 5 = LASAE160, medical interview.