

**Table 2. Dietary information obtained in the Lifestyle study questionnaire (n=1058 in 2007)**

<b>Product</b>	<b>Number of response categories</b>	<b>Range</b>
<b>Frequency of fruit consumption</b>	9	never – every day
<b>Frequency of fruit juice consumption</b>	9	never – every day
<b>Amount of fruit consumption (pieces)</b>	7	less than 1 – more than 5
<b>Amount of fruit juice consumption (glasses)</b>	7	less than 1 – more than 5
<b>Frequency of cooked or fried vegetable consumption</b>	9	never – every day
<b>Frequency of raw vegetable consumption (salads)</b>	9	never – every day
<b>Amount of cooked and fried vegetables (servingspoons*)</b>	7	less than 1 – more than 5
<b>Amount of raw vegetables (servingspoons*)</b>	7	less than 1 – more than 5
<b>Frequency of fish consumption</b>	9	never – every day
<b>Frequency of fatty fish consumption**</b>	9	never – every day

\* servingspoon = 50 grams; \*\* includes herring, eel, mackerel and salmon.