

# Questionnaire about the social contacts of elderly

## Study on Healthy Aging

What is your date of birth? day (1..31) ..... month (1..12) ..... year 19 .....

What is your official marital status?

- unmarried/never married
- married
- divorced
- widowed

How many persons are in your household? ..... persons

Is one of the persons in your household your spouse or partner?  no  yes

Are there children in your household?

- no
- yes      ⇒ If yes, how many? .....
- ⇒ If yes, what are their ages? .. .. .

What is the highest level of education that you completed?

- Elementary education
- Lower vocational education
- General intermediate education
- Intermediate vocational education
- General secondary education
- Higher vocational education
- College / University education
- Other, please describe: .....

Are you currently employed?

- no
- yes ⇒    If yes, how many hours a week do you work? ..... hours

If you have a spouse or a partner, is he/she currently employed?

- no
- yes ⇒    If yes, how many hours a week does he/she work? ..... hours

How many hours a week do you work in your household? ..... hours

I am going to name four activities that are difficult for some people. Please tell me whether you can perform the activities ?

Can you walk up and down stairs?

not at all  only with help  with many difficulties  with some difficulties  no difficulties

Can you walk for 5 minutes outdoors without resting?

not at all  only with help  with many difficulties  with some difficulties  no difficulties

Can you get up from and sit down in a chair?

not at all  only with help  with many difficulties  with some difficulties  no difficulties

Can you dress and undress yourself?

not at all  only with help  with many difficulties  with some difficulties  no difficulties

In the next section we will ask your opinion about giving help, support and/or care within three types of relationships.

When an older parent requires help, support and/or care, what is your opinion about the role of (adult) children?

Children and parents ought to support each other  no  more-or-less  yes

Because parents have also done much in the past, children should give support now.

no  more-or-less  yes

The older parent *now* also is important to the children, and for that reason deserves to receive support from them.

no  more-or-less  yes

In a good relationship it goes without saying that (adult) children will do much for their parent(s).

no  more-or-less  yes

When a husband/wife/partner requires help, support and/or care, what is your opinion about the role of the other husband/wife/partner?

Spouses ought to support each other  no  more-or-less  yes

Because one spouse has also done much in the past, the other spouse should give support now.

no  more-or-less  yes

A spouse now also gives support, and for that reason deserves to receive support from the other spouse.

no  more-or-less  yes

In a good relationship it goes without saying that spouses will do much for each other.

no  more-or-less  yes

When a friend requires help, support and/or care, what is your opinion about the role of the other friend?

Friends ought to support each other  no  more-or-less  yes

Because one friend has also done much in the past, the other friend should give support now.  
 no  more-or-less  yes

A friend now also gives support, and for that reason deserves to receive support from the other friend.  
 no  more-or-less  yes

In a good relationship it goes without saying that friends will do much for each other.  
 no  more-or-less  yes

The next questions are about your contact with the following persons:

*(The questions are not always asked about each of the persons.)*

*Mr. J. Jones* (Amsterdam)

*Mrs. A. Jones-Robertson* (Amsterdam)

*Mr. B. Jones* (Amsterdam)

*Mr. D. Jones* (Amsterdam)

*Mr. R. Merchant* (Amsterdam)

*Mrs. Y. Doll-Boot* (Rotterdam)

What is your relationship with the following persons?

*Mr. J. Jones* is my  spouse/partner  
 father  father-in-law  
 son  son-in-law  
 brother  brother-in-law  other relative  
 neighbor  friend  acquaintance  colleague  
 other ....

*Mrs. A. Jones-Robertson* is my  spouse/partner  
 mother  mother-in-law  
 daughter  daughter-in-law  
 sister  sister-in-law  other relative  
 neighbor  friend  acquaintance  colleague  
 other ....

*Mr. B. Jones* is my  spouse/partner  
 father  father-in-law  
 son  son-in-law  
 brother  brother-in-law  other relative  
 neighbor  friend  acquaintance  colleague  
 other ....

*Mr. D. Jones* is my  spouse/partner  
 father  father-in-law  
 son  son-in-law  
 brother  brother-in-law  other relative  
 neighbor  friend  acquaintance  colleague  
 other ....

*Mr. R. Merchant* is my  spouse/partner  
 father  father-in-law  
 son  son-in-law  
 brother  brother-in-law  other relative  
 neighbor  friend  acquaintance  colleague  
 other ....

*Mrs. Y. Doll-Boot* is my  spouse/partner  
 mother  mother-in-law  
 daughter  daughter-in-law  
 sister  sister-in-law  other relative  
 neighbor  friend  acquaintance  colleague  
 other ....

How often are you in touch with ...?

*Mr. J. Jones*  daily  
 weekly  
 about twice a month  
 once a month  
 less often than once a month

*Mrs. A. Jones-Robertson*  daily  
 weekly  
 about twice a month  
 once a month  
 less often than once a month

*Mr. B. Jones*  daily  
 weekly  
 about twice a month  
 once a month  
 less often than once a month

*Mr. D. Jones*  daily  
 weekly  
 about twice a month  
 once a month  
 less often than once a month

*Mr. R. Merchant*  daily  
 weekly  
 about twice a month  
 once a month  
 less often than once a month

*Mrs. Y. Doll-Boot*  daily  
 weekly  
 about twice a month  
 once a month  
 less often than once a month

When you look back on your ties with the following persons in the last months, have you made a lot of efforts to keep in touch?

- |                          |   |
|--------------------------|---|
| <i>Mr. R. Merchant</i>   | <input type="checkbox"/> I made a lot of efforts to keep in touch         |
|                          | <input type="checkbox"/> I made some efforts to keep in touch             |
|                          | <input type="checkbox"/> I made no efforts                                |
|                          | <input type="checkbox"/> I made some efforts to break the contact off     |
|                          | <input type="checkbox"/> I made a lot of efforts to break the contact off |
| <i>Mrs. Y. Doll-Boot</i> | <input type="checkbox"/> I made a lot of efforts to keep in touch         |
|                          | <input type="checkbox"/> I made some efforts to keep in touch             |
|                          | <input type="checkbox"/> I made no efforts                                |
|                          | <input type="checkbox"/> I made some efforts to break the contact off     |
|                          | <input type="checkbox"/> I made a lot of efforts to break the contact off |

Has the frequency of contact, compared with a year ago, changed?

- |                          |                                    |                                |                                    |
|--------------------------|------------------------------------|--------------------------------|------------------------------------|
| <i>Mr. R. Merchant</i>   | <input type="checkbox"/> increased | <input type="checkbox"/> equal | <input type="checkbox"/> decreased |
| <i>Mrs. Y. Doll-Boot</i> | <input type="checkbox"/> increased | <input type="checkbox"/> equal | <input type="checkbox"/> decreased |

Do you want to continue your relationship with the next persons?

- |                          |                               |                              |                            |                             |                              |
|--------------------------|-------------------------------|------------------------------|----------------------------|-----------------------------|------------------------------|
| <i>Mr. R. Merchant</i>   | <input type="checkbox"/> yes! | <input type="checkbox"/> yes | <input type="checkbox"/> ? | <input type="checkbox"/> no | <input type="checkbox"/> no! |
| <i>Mrs. Y. Doll-Boot</i> | <input type="checkbox"/> yes! | <input type="checkbox"/> yes | <input type="checkbox"/> ? | <input type="checkbox"/> no | <input type="checkbox"/> no! |

If you compare your relationship with the next persons with your other relationships, is your relationship with the next persons in general better, about the same in quality, or worse?

- |                          |                                 |                               |                                |
|--------------------------|---------------------------------|-------------------------------|--------------------------------|
| <i>Mr. R. Merchant</i>   | <input type="checkbox"/> better | <input type="checkbox"/> same | <input type="checkbox"/> worse |
| <i>Mrs. Y. Doll-Boot</i> | <input type="checkbox"/> better | <input type="checkbox"/> same | <input type="checkbox"/> worse |

How long does it take you to travel to ..., by means of the way you usually travel?

- |                                |                               |
|--------------------------------|-------------------------------|
| <i>Mr. J. Jones</i>            | ..... hours and ..... minutes |
| <i>Mrs. A. Jones-Robertson</i> | ..... hours and ..... minutes |
| <i>Mr. B. Jones</i>            | ..... hours and ..... minutes |
| <i>Mr. D. Jones</i>            | ..... hours and ..... minutes |
| <i>Mr. R. Merchant</i>         | ..... hours and ..... minutes |
| <i>Mrs. Y. Doll-Boot</i>       | ..... hours and ..... minutes |

The next questions are about the support you receive.

How often during the past year did it occur that the following persons helped you with daily household tasks (e.g. preparing meals, cleaning the house, transport, a chore) ?

<i>Mr. J. Jones</i>	<input type="checkbox"/> never	<input type="checkbox"/> rarely	<input type="checkbox"/> sometimes	<input type="checkbox"/> often
<i>Mrs. A. Jones-Robertson</i>	<input type="checkbox"/> never	<input type="checkbox"/> rarely	<input type="checkbox"/> sometimes	<input type="checkbox"/> often
<i>Mr. B. Jones</i>	<input type="checkbox"/> never	<input type="checkbox"/> rarely	<input type="checkbox"/> sometimes	<input type="checkbox"/> often
<i>Mr. D. Jones</i>	<input type="checkbox"/> never	<input type="checkbox"/> rarely	<input type="checkbox"/> sometimes	<input type="checkbox"/> often
<i>Mr. R. Merchant</i>	<input type="checkbox"/> never	<input type="checkbox"/> rarely	<input type="checkbox"/> sometimes	<input type="checkbox"/> often
<i>Mrs. Y. Doll-Boot</i>	<input type="checkbox"/> never	<input type="checkbox"/> rarely	<input type="checkbox"/> sometimes	<input type="checkbox"/> often

How often during the past year did it occur that the following persons gave you advice (e.g. on an important decision or on filling out forms)?

<i>Mr. J. Jones</i>	<input type="checkbox"/> never	<input type="checkbox"/> rarely	<input type="checkbox"/> sometimes	<input type="checkbox"/> often
<i>Mrs. A. Jones-Robertson</i>	<input type="checkbox"/> never	<input type="checkbox"/> rarely	<input type="checkbox"/> sometimes	<input type="checkbox"/> often
<i>Mr. B. Jones</i>	<input type="checkbox"/> never	<input type="checkbox"/> rarely	<input type="checkbox"/> sometimes	<input type="checkbox"/> often
<i>Mr. D. Jones</i>	<input type="checkbox"/> never	<input type="checkbox"/> rarely	<input type="checkbox"/> sometimes	<input type="checkbox"/> often
<i>Mr. R. Merchant</i>	<input type="checkbox"/> never	<input type="checkbox"/> rarely	<input type="checkbox"/> sometimes	<input type="checkbox"/> often
<i>Mrs. Y. Doll-Boot</i>	<input type="checkbox"/> never	<input type="checkbox"/> rarely	<input type="checkbox"/> sometimes	<input type="checkbox"/> often

How often during the past year did it occur that the following persons gave your help when you needed it, e.g. when you were ill?

<i>Mr. J. Jones</i>	<input type="checkbox"/> never	<input type="checkbox"/> rarely	<input type="checkbox"/> sometimes	<input type="checkbox"/> often
<i>Mrs. A. Jones-Robertson</i>	<input type="checkbox"/> never	<input type="checkbox"/> rarely	<input type="checkbox"/> sometimes	<input type="checkbox"/> often
<i>Mr. B. Jones</i>	<input type="checkbox"/> never	<input type="checkbox"/> rarely	<input type="checkbox"/> sometimes	<input type="checkbox"/> often
<i>Mr. D. Jones</i>	<input type="checkbox"/> never	<input type="checkbox"/> rarely	<input type="checkbox"/> sometimes	<input type="checkbox"/> often
<i>Mr. R. Merchant</i>	<input type="checkbox"/> never	<input type="checkbox"/> rarely	<input type="checkbox"/> sometimes	<input type="checkbox"/> often
<i>Mrs. Y. Doll-Boot</i>	<input type="checkbox"/> never	<input type="checkbox"/> rarely	<input type="checkbox"/> sometimes	<input type="checkbox"/> often

How often during the past year did it occur that the following persons gave you a present?

<i>Mr. J. Jones</i>	<input type="checkbox"/> never	<input type="checkbox"/> rarely	<input type="checkbox"/> sometimes	<input type="checkbox"/> often
<i>Mrs. A. Jones-Robertson</i>	<input type="checkbox"/> never	<input type="checkbox"/> rarely	<input type="checkbox"/> sometimes	<input type="checkbox"/> often
<i>Mr. B. Jones</i>	<input type="checkbox"/> never	<input type="checkbox"/> rarely	<input type="checkbox"/> sometimes	<input type="checkbox"/> often
<i>Mr. D. Jones</i>	<input type="checkbox"/> never	<input type="checkbox"/> rarely	<input type="checkbox"/> sometimes	<input type="checkbox"/> often
<i>Mr. R. Merchant</i>	<input type="checkbox"/> never	<input type="checkbox"/> rarely	<input type="checkbox"/> sometimes	<input type="checkbox"/> often
<i>Mrs. Y. Doll-Boot</i>	<input type="checkbox"/> never	<input type="checkbox"/> rarely	<input type="checkbox"/> sometimes	<input type="checkbox"/> often

How often during the past year did it occur that the following persons showed you they cared for you?

<i>Mr. J. Jones</i>	<input type="checkbox"/> never	<input type="checkbox"/> rarely	<input type="checkbox"/> sometimes	<input type="checkbox"/> often
<i>Mrs. A. Jones-Robertson</i>	<input type="checkbox"/> never	<input type="checkbox"/> rarely	<input type="checkbox"/> sometimes	<input type="checkbox"/> often
<i>Mr. B. Jones</i>	<input type="checkbox"/> never	<input type="checkbox"/> rarely	<input type="checkbox"/> sometimes	<input type="checkbox"/> often
<i>Mr. D. Jones</i>	<input type="checkbox"/> never	<input type="checkbox"/> rarely	<input type="checkbox"/> sometimes	<input type="checkbox"/> often
<i>Mr. R. Merchant</i>	<input type="checkbox"/> never	<input type="checkbox"/> rarely	<input type="checkbox"/> sometimes	<input type="checkbox"/> often
<i>Mrs. Y. Doll-Boot</i>	<input type="checkbox"/> never	<input type="checkbox"/> rarely	<input type="checkbox"/> sometimes	<input type="checkbox"/> often

How often during the past year did it occur that you told the following persons about your personal feelings?

- |                                |                                |                                 |                                    |                                |
|--------------------------------|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
| <i>Mr. J. Jones</i>            | <input type="checkbox"/> never | <input type="checkbox"/> rarely | <input type="checkbox"/> sometimes | <input type="checkbox"/> often |
| <i>Mrs. A. Jones-Robertson</i> | <input type="checkbox"/> never | <input type="checkbox"/> rarely | <input type="checkbox"/> sometimes | <input type="checkbox"/> often |
| <i>Mr. B. Jones</i>            | <input type="checkbox"/> never | <input type="checkbox"/> rarely | <input type="checkbox"/> sometimes | <input type="checkbox"/> often |
| <i>Mr. D. Jones</i>            | <input type="checkbox"/> never | <input type="checkbox"/> rarely | <input type="checkbox"/> sometimes | <input type="checkbox"/> often |
| <i>Mr. R. Merchant</i>         | <input type="checkbox"/> never | <input type="checkbox"/> rarely | <input type="checkbox"/> sometimes | <input type="checkbox"/> often |
| <i>Mrs. Y. Doll-Boot</i>       | <input type="checkbox"/> never | <input type="checkbox"/> rarely | <input type="checkbox"/> sometimes | <input type="checkbox"/> often |

The next questions are about the support you give.

How often during the past year did it occur that you helped the following persons with daily household tasks (e.g. preparing meals, cleaning the house, transport, a chore)?

- |                                |                                |                                 |                                    |                                |
|--------------------------------|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
| <i>Mr. J. Jones</i>            | <input type="checkbox"/> never | <input type="checkbox"/> rarely | <input type="checkbox"/> sometimes | <input type="checkbox"/> often |
| <i>Mrs. A. Jones-Robertson</i> | <input type="checkbox"/> never | <input type="checkbox"/> rarely | <input type="checkbox"/> sometimes | <input type="checkbox"/> often |
| <i>Mr. B. Jones</i>            | <input type="checkbox"/> never | <input type="checkbox"/> rarely | <input type="checkbox"/> sometimes | <input type="checkbox"/> often |
| <i>Mr. D. Jones</i>            | <input type="checkbox"/> never | <input type="checkbox"/> rarely | <input type="checkbox"/> sometimes | <input type="checkbox"/> often |
| <i>Mr. R. Merchant</i>         | <input type="checkbox"/> never | <input type="checkbox"/> rarely | <input type="checkbox"/> sometimes | <input type="checkbox"/> often |
| <i>Mrs. Y. Doll-Boot</i>       | <input type="checkbox"/> never | <input type="checkbox"/> rarely | <input type="checkbox"/> sometimes | <input type="checkbox"/> often |

How often during the past year did it occur that you gave the following persons advice (e.g. an important decision or on filling out forms)?

- |                                |                                |                                 |                                    |                                |
|--------------------------------|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
| <i>Mr. J. Jones</i>            | <input type="checkbox"/> never | <input type="checkbox"/> rarely | <input type="checkbox"/> sometimes | <input type="checkbox"/> often |
| <i>Mrs. A. Jones-Robertson</i> | <input type="checkbox"/> never | <input type="checkbox"/> rarely | <input type="checkbox"/> sometimes | <input type="checkbox"/> often |
| <i>Mr. B. Jones</i>            | <input type="checkbox"/> never | <input type="checkbox"/> rarely | <input type="checkbox"/> sometimes | <input type="checkbox"/> often |
| <i>Mr. D. Jones</i>            | <input type="checkbox"/> never | <input type="checkbox"/> rarely | <input type="checkbox"/> sometimes | <input type="checkbox"/> often |
| <i>Mr. R. Merchant</i>         | <input type="checkbox"/> never | <input type="checkbox"/> rarely | <input type="checkbox"/> sometimes | <input type="checkbox"/> often |
| <i>Mrs. Y. Doll-Boot</i>       | <input type="checkbox"/> never | <input type="checkbox"/> rarely | <input type="checkbox"/> sometimes | <input type="checkbox"/> often |

How often during the past year did it occur that you gave the following persons?

- |                                |                                |                                 |                                    |                                |
|--------------------------------|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
| <i>Mr. J. Jones</i>            | <input type="checkbox"/> never | <input type="checkbox"/> rarely | <input type="checkbox"/> sometimes | <input type="checkbox"/> often |
| <i>Mrs. A. Jones-Robertson</i> | <input type="checkbox"/> never | <input type="checkbox"/> rarely | <input type="checkbox"/> sometimes | <input type="checkbox"/> often |
| <i>Mr. B. Jones</i>            | <input type="checkbox"/> never | <input type="checkbox"/> rarely | <input type="checkbox"/> sometimes | <input type="checkbox"/> often |
| <i>Mr. D. Jones</i>            | <input type="checkbox"/> never | <input type="checkbox"/> rarely | <input type="checkbox"/> sometimes | <input type="checkbox"/> often |
| <i>Mr. R. Merchant</i>         | <input type="checkbox"/> never | <input type="checkbox"/> rarely | <input type="checkbox"/> sometimes | <input type="checkbox"/> often |
| <i>Mrs. Y. Doll-Boot</i>       | <input type="checkbox"/> never | <input type="checkbox"/> rarely | <input type="checkbox"/> sometimes | <input type="checkbox"/> often |

How often during the past year did it occur that you gave the following persons a present?

- |                                |                                |                                 |                                    |                                |
|--------------------------------|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
| <i>Mr. J. Jones</i>            | <input type="checkbox"/> never | <input type="checkbox"/> rarely | <input type="checkbox"/> sometimes | <input type="checkbox"/> often |
| <i>Mrs. A. Jones-Robertson</i> | <input type="checkbox"/> never | <input type="checkbox"/> rarely | <input type="checkbox"/> sometimes | <input type="checkbox"/> often |
| <i>Mr. B. Jones</i>            | <input type="checkbox"/> never | <input type="checkbox"/> rarely | <input type="checkbox"/> sometimes | <input type="checkbox"/> often |
| <i>Mr. D. Jones</i>            | <input type="checkbox"/> never | <input type="checkbox"/> rarely | <input type="checkbox"/> sometimes | <input type="checkbox"/> often |
| <i>Mr. R. Merchant</i>         | <input type="checkbox"/> never | <input type="checkbox"/> rarely | <input type="checkbox"/> sometimes | <input type="checkbox"/> often |
| <i>Mrs. Y. Doll-Boot</i>       | <input type="checkbox"/> never | <input type="checkbox"/> rarely | <input type="checkbox"/> sometimes | <input type="checkbox"/> often |

How often during the past year did it occur that you showed the following persons you cared for them?

- |                                |                                |                                 |                                    |                                |
|--------------------------------|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
| <i>Mr. J. Jones</i>            | <input type="checkbox"/> never | <input type="checkbox"/> rarely | <input type="checkbox"/> sometimes | <input type="checkbox"/> often |
| <i>Mrs. A. Jones-Robertson</i> | <input type="checkbox"/> never | <input type="checkbox"/> rarely | <input type="checkbox"/> sometimes | <input type="checkbox"/> often |
| <i>Mr. B. Jones</i>            | <input type="checkbox"/> never | <input type="checkbox"/> rarely | <input type="checkbox"/> sometimes | <input type="checkbox"/> often |
| <i>Mr. D. Jones</i>            | <input type="checkbox"/> never | <input type="checkbox"/> rarely | <input type="checkbox"/> sometimes | <input type="checkbox"/> often |
| <i>Mr. R. Merchant</i>         | <input type="checkbox"/> never | <input type="checkbox"/> rarely | <input type="checkbox"/> sometimes | <input type="checkbox"/> often |
| <i>Mrs. Y. Doll-Boot</i>       | <input type="checkbox"/> never | <input type="checkbox"/> rarely | <input type="checkbox"/> sometimes | <input type="checkbox"/> often |

How often during the past year did it occur that the following persons told you about their personal feelings?

- |                                |                                |                                 |                                    |                                |
|--------------------------------|--------------------------------|---------------------------------|------------------------------------|--------------------------------|
| <i>Mr. J. Jones</i>            | <input type="checkbox"/> never | <input type="checkbox"/> rarely | <input type="checkbox"/> sometimes | <input type="checkbox"/> often |
| <i>Mrs. A. Jones-Robertson</i> | <input type="checkbox"/> never | <input type="checkbox"/> rarely | <input type="checkbox"/> sometimes | <input type="checkbox"/> often |
| <i>Mr. B. Jones</i>            | <input type="checkbox"/> never | <input type="checkbox"/> rarely | <input type="checkbox"/> sometimes | <input type="checkbox"/> often |
| <i>Mr. D. Jones</i>            | <input type="checkbox"/> never | <input type="checkbox"/> rarely | <input type="checkbox"/> sometimes | <input type="checkbox"/> often |
| <i>Mr. R. Merchant</i>         | <input type="checkbox"/> never | <input type="checkbox"/> rarely | <input type="checkbox"/> sometimes | <input type="checkbox"/> often |
| <i>Mrs. Y. Doll-Boot</i>       | <input type="checkbox"/> never | <input type="checkbox"/> rarely | <input type="checkbox"/> sometimes | <input type="checkbox"/> often |

To close the section about the mutual support, two questions follow.

Do you think that the following persons need social support?

- |                                |   |                                    |                                   |
|--------------------------------|---|------------------------------------|-----------------------------------|
| <i>Mr. J. Jones</i>            | <input type="checkbox"/> yes, very much | <input type="checkbox"/> yes, some | <input type="checkbox"/> scarcely |
| <i>Mrs. A. Jones-Robertson</i> | <input type="checkbox"/> yes, very much | <input type="checkbox"/> yes, some | <input type="checkbox"/> scarcely |
| <i>Mr. B. Jones</i>            | <input type="checkbox"/> yes, very much | <input type="checkbox"/> yes, some | <input type="checkbox"/> scarcely |
| <i>Mr. D. Jones</i>            | <input type="checkbox"/> yes, very much | <input type="checkbox"/> yes, some | <input type="checkbox"/> scarcely |
| <i>Mr. R. Merchant</i>         | <input type="checkbox"/> yes, very much | <input type="checkbox"/> yes, some | <input type="checkbox"/> scarcely |
| <i>Mrs. Y. Doll-Boot</i>       | <input type="checkbox"/> yes, very much | <input type="checkbox"/> yes, some | <input type="checkbox"/> scarcely |

If you gave support in the last twelve months, did they ask for it, or was it your initiative?

- |                                |   |
|--------------------------------|---|
| <i>Mr. J. Jones</i>            | <input type="checkbox"/> I did not give support                           |
|                                | <input type="checkbox"/> predominantly on request of him                  |
|                                | <input type="checkbox"/> predominantly on my initiative                   |
|                                | <input type="checkbox"/> sometimes on request, sometimes on my initiative |
| <i>Mrs. A. Jones-Robertson</i> | <input type="checkbox"/> I did not give support                           |
|                                | <input type="checkbox"/> predominantly on request of her                  |
|                                | <input type="checkbox"/> predominantly on my initiative                   |
|                                | <input type="checkbox"/> sometimes on request, sometimes on my initiative |
| <i>Mr. B. Jones</i>            | <input type="checkbox"/> I did not give support                           |
|                                | <input type="checkbox"/> predominantly on request of him                  |
|                                | <input type="checkbox"/> predominantly on my initiative                   |
|                                | <input type="checkbox"/> sometimes on request, sometimes on my initiative |
| <i>Mr. D. Jones</i>            | <input type="checkbox"/> I did not give support                           |
|                                | <input type="checkbox"/> predominantly on request of him                  |
|                                | <input type="checkbox"/> predominantly on my initiative                   |
|                                | <input type="checkbox"/> sometimes on request, sometimes on my initiative |



- Mr. R. Merchant*
- I did not give support
  - predominantly on request of him
  - predominantly on my initiative
  - sometimes on request, sometimes on my initiative
- Mrs. Y. Doll-Boot*
- I did not give support
  - predominantly on request of her
  - predominantly on my initiative
  - sometimes on request, sometimes on my initiative

The next questions are about your situation.

Did you experience a life event in the last twelve months?

- movement
- birth (grand)child
- retirement
- new job
- severe illness/hospitalization of you
- severe illness/hospital of partner
- severe illness/hospital of kin
- death
- a marriage (e.g. of children)
- a divorce
- other

If an event happened, please describe shortly what happened, who experienced the event, and in which month the event happened?

Please indicate for each of the following statements, the extent to which they apply to your situation, the way you feel nowadays.

There is always someone that I can talk to about my day to day problems.

- no!     no     more-or-less     yes     yes!

I miss having a really close friend.

- no!     no     more-or-less     yes     yes!

I experience a general sense of emptiness.

- no!     no     more-or-less     yes     yes!

There are plenty of people that I can lean on in case of trouble.

- no!     no     more-or-less     yes     yes!

I miss the pleasure of company of others.

- no!     no     more-or-less     yes     yes!

I feel my circle of friends and acquaintances is too limited.

no!     no     more-or-less     yes     yes!

There are many people that I can count on completely.

no!     no     more-or-less     yes     yes!

There are enough people that I feel close to.

no!     no     more-or-less     yes     yes!

I miss having people around.

no!     no     more-or-less     yes     yes!

Often, I feel rejected.

no!     no     more-or-less     yes     yes!

I can call on my friends whenever I need them.

no!     no     more-or-less     yes     yes!

Please indicate for each of the following statements, the extent to which they apply to you.

It bothers me when other people neglect my needs.

no!     no     more-or-less     yes     yes!

When making a decision, I take other people's needs and feelings into account.

no!     no     more-or-less     yes     yes!

I think people should feel obligated to repay others for favors.

no!     no     more-or-less     yes     yes!

I would feel exploited if someone failed to repay me for a favor.

no!     no     more-or-less     yes     yes!

I bother to keep track of benefits I have given others.

no!     no     more-or-less     yes     yes!

I expect people I know to be responsive to my needs and feelings.

no!     no     more-or-less     yes     yes!

It's best to make sure things are always kept 'even' between two people in a relationship.

no!     no     more-or-less     yes     yes!

When someone I know helps me out on a project, I feel I have to pay them back.

no!     no     more-or-less     yes     yes!

When I have a need that others ignore, I'm hurt.

no!     no     more-or-less     yes     yes!

The next statements are about your family in general.

*When you think about you and your parent(s) (among Mr. J. Jones), your brother(s) and sister(s), that is your family, what is your opinion about the following statements?*

We really get along well together.

no!     no     more-or-less     yes     yes!

In our family we are very open about our experiences.

no!     no     more-or-less     yes     yes!

We always quickly come to an agreement about what we are expected to do.

no!     no     more-or-less     yes     yes!

We try to avoid interfering in each others lives as much as possible.

no!     no     more-or-less     yes     yes!

We are all rather solitary beings.

no!     no     more-or-less     yes     yes!

We can work together well.

no!     no     more-or-less     yes     yes!

We are cautious what we tell each other.

no!     no     more-or-less     yes     yes!

When we criticize each other, we always settle the dispute by talking.

no!     no     more-or-less     yes     yes!

We are strongly attached to each other.

no!     no     more-or-less     yes     yes!

We surprise each other regularly with a small gift of a postcard.

no!     no     more-or-less     yes     yes!

We criticize each other if necessary.

no!     no     more-or-less     yes     yes!

We regularly have minor quarrels in our family.

no!     no     more-or-less     yes     yes!

In our family it is considered a matter of course to give each other unsolicited advice.

no!     no     more-or-less     yes     yes!

We go through considerable efforts to see and talk to each other.

no!     no     more-or-less     yes     yes!

At times we hug or kiss each other spontaneously.

no!     no     more-or-less     yes     yes!

When we disapprove of a family member's behavior, we say something about it.

no!     no     more-or-less     yes     yes!

During a family gathering we have to be very careful of one another's feelings.

no!     no     more-or-less     yes     yes!

In our family it is easy to make plans and arrangements.

no!     no     more-or-less     yes     yes!

We like to tease and play around.

no!     no     more-or-less     yes     yes!

You can count on us to meet agreements.

no!     no     more-or-less     yes     yes!

There is always a relaxed atmosphere when we are together.

no!     no     more-or-less     yes     yes!

Anything that has to be done always works out in our family.

no!     no     more-or-less     yes     yes!

We are very concerned about each other's experiences and feelings.

no!     no     more-or-less     yes     yes!

This is the end of the questionnaire.

*If you want to tell something, or if you missed something in the questionnaire, please describe it below.*

*Thank you for your cooperation.*

You will receive a summary of results.