



Variable information:

LASAG149 / LASAH149;

LASAG349 / LASAH349 (scale values)

**LASAG149 / LASAH149**

<b>name</b>	<b>label</b>	<b>values</b>
g/hqgsr01	MK2: exhausting to pursue goal, search a new goal	no answer(-1), strongly disagree(1), disagree(2), slightly disagree(3), slightly agree(4), agree(5), strongly agree(6)
g/hqgsr02	SU3: harder to get same results, keep trying harder	no answer(-1), strongly disagree(1), disagree(2), slightly disagree(3), slightly agree(4), agree(5), strongly agree(6)
g/hqgsr03	MK3: try to pursue several goals	no answer(-1), strongly disagree(1), disagree(2), slightly disagree(3), slightly agree(4), agree(5), strongly agree(6)
g/hqgsr04	SU1: effort to achieve a given goal	no answer(-1), strongly disagree(1), disagree(2), slightly disagree(3), slightly agree(4), agree(5), strongly agree(6)
g/hqgsr05	SU2: set goals clearly, stick to them	no answer(-1), strongly disagree(1), disagree(2), slightly disagree(3), slightly agree(4), agree(5), strongly agree(6)
g/hqgsr06	AP3: for goals detailed plans how to implement them	no answer(-1), strongly disagree(1), disagree(2), slightly disagree(3), slightly agree(4), agree(5), strongly agree(6)
g/hqgsr07	CP1: have a backup plan in case something goes wrong	no answer(-1), strongly disagree(1), disagree(2), slightly disagree(3), slightly agree(4), agree(5), strongly agree(6)
g/hqgsr08	MK1: if difficulty try to achieve goal by other means	no answer(-1), strongly disagree(1), disagree(2), slightly disagree(3), slightly agree(4), agree(5), strongly agree(6)
g/hqgsr09	MK4: goal difficult to reach, find alternative route	no answer(-1), strongly disagree(1), disagree(2), slightly disagree(3), slightly agree(4), agree(5), strongly agree(6)
g/hqgsr10	CP3: plan for things other people consider unlikely	no answer(-1), strongly disagree(1), disagree(2), slightly disagree(3), slightly agree(4), agree(5), strongly agree(6)
g/hqgsr11	AP1: always make detailed plans for my goals	no answer(-1), strongly disagree(1), disagree(2), slightly disagree(3), slightly agree(4), agree(5), strongly agree(6)
g/hqgsr12	SU4: cannot do something the way before look for new goal	no answer(-1), strongly disagree(1), disagree(2), slightly disagree(3), slightly agree(4), agree(5), strongly agree(6)
g/hqgsr13	CP2: plan for difficult situations according my intentions	no answer(-1), strongly disagree(1), disagree(2), slightly disagree(3), slightly agree(4), agree(5), strongly agree(6)
g/hqgsr14	AP2: for my goals make detailed plans when to implement	no answer(-1), strongly disagree(1), disagree(2), slightly disagree(3), slightly agree(4), agree(5), strongly agree(6)



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<b>name</b>	<b>label</b>	<b>values</b>
g/hqgsr	general self-regulation scale score	no valid data(-2), low (min=14)(14) .. high (max=84)(84)
g/hqgsrsu	strategy use GSR-subscale score	no valid data(-2), low (min=4)(4) .. high (max=24)(24)
g/hqgsrmk	metastrategy-knowledge GSR-subscale score	no valid data(-2), low (min=4)(4) .. high (max=24)(24)
g/hqgsracp	action and coping planning GSR-subscale score	no valid data(-2), low (min=6)(6) .. high (max=36)(36)
g/hmisgr	missing values general self-regulation	none