



Variable information: LASAB117 / LASAC117 / LASAD117 / LASAE117 / LAS2B117 / LASAF117 / LASAG117 / LASAH117 / LAS3B117 / LASAI117;  
 LASAB317 / LASAC317 / LASAD317 / LASAE317 / LAS2B317 / LASAF317 / LASAG317 / LASAH317 / LAS3B317 / LASAI317 (scale scores)

### LASAB117 / LASAC117 / LASAD117 / LASAE117 / LAS2B117 / LASAF117

name	label	values
b/c/d/e/b/fqsleep1	Sleep 1: hours sleep in 24 hours	no answer(-1)
b/c/d/e/b/fqsleep2	Sleep 2: falling a sleep	no answer(-1), almost never(1), some of the time(2), often(3), most of the time(4)
b/c/d/e/b/fqsleep3	Sleep 3: continue sleeping	no answer(-1), almost never(1), some of the time(2), often(3), most of the time(4)
b/c/d/e/b/fqsleep4	Sleep 4: awake to early	no answer(-1), almost never(1), some of the time(2), often(3), most of the time(4)

### LASAG117 / LASAH117 / LAS3B117 / LASAI117

name	label	values
g/h/b/iqsleeph	going to sleep: hour of the day	<i>in wave G:</i> none <i>in waves H, B, I:</i> no answer(-1)
g/h/b/iqsleepm	going to sleep: minute	<i>in wave G:</i> none <i>in waves H, B, I:</i> no answer(-1)
g/h/b/iqsleep1	Sleep 1: hours sleep in 24 hours	no answer(-1)
g/h/b/iqsleep2	Sleep 2: falling a sleep	no answer(-1), almost never(1), some of the time(2), often(3), most of the time(4)
g/h/b/iqsleep3	Sleep 3: continue sleeping	no answer(-1), almost never(1), some of the time(2), often(3), most of the time(4)
g/h/b/iqsleep4	Sleep 4: awake too early	no answer(-1), almost never(1), some of the time(2), often(3), most of the time(4)
g/h/b/iqsleep5	sleep 5: sleep quality past month	no answer(-1), very good(1), somewhat good(2), somewhat bad(3), very bad(4)

### LASAB317 / LASAC317 / LASAD317 / LASAE317 / LAS2B317 / LASAF317 / LASAG317 / LASAH317 / LAS3B317 / LASAI317

name	label	values
b/c/d/e/f/g/h/b/iqsleep	Evaluation of sleeping problems (scale)	no valid data (-1), no problems(3) ... many problems(12)